For Firm Support of the Head

The Headmaster Collar™ is the collar of choice for the best in head control. This innovative Collar provides excellent all-round support and keeps you looking great! Light and airy, the Collar is covered in a soft, washable fabric in a variety of colours. The Collar is easily formed by hand to fit snugly underneath the chin.

Benefits

For the Fitter:
- easy to fit (bend the Collar by hand to fit)
- good access to tracheal tube, if needed
- accessories available to modify function (see back panel)
- all parts for the Collar are available as replacements (see price list)

For the Wearer and/or Caregiver:
- a cool, comfortable collar
- low heat retention
- easy to put on and remove
- low profile; unobtrusive appearance
- choice of colours
- easy to keep clean
- firm support for the head

Sizes and Colours

Large, Medium, Small, Junior & Child sizes available in Grey, Black, Beige & Blue. Infant size available in Grey only.

References:
For further reading and clinical examples:
"Managing Neck Weakness in Clients with Neuromuscular Disease" - Trail, M. O.T. Practice, May, 1997, pp 53-56

Extension Pads

<table>
<thead>
<tr>
<th>Model #</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HMCPL</td>
<td>Large</td>
<td>Large &amp; Medium</td>
</tr>
<tr>
<td>HMCPS</td>
<td>Small</td>
<td>Small &amp; Junior</td>
</tr>
<tr>
<td>HMCPC</td>
<td>Child</td>
<td>Child &amp; Infant</td>
</tr>
</tbody>
</table>

Two pads that can be variably placed to give extension or lateral support.

Neck Pads

<table>
<thead>
<tr>
<th>Model #</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HMNPL</td>
<td>Large</td>
<td>Large &amp; Medium</td>
</tr>
<tr>
<td>HMNPS</td>
<td>Small</td>
<td>Small &amp; Junior</td>
</tr>
<tr>
<td>HMNPC</td>
<td>Child</td>
<td>Child &amp; Infant</td>
</tr>
</tbody>
</table>

One pad centrally placed for comfortable extension resistance.

Anterior Support

<table>
<thead>
<tr>
<th>Model #</th>
<th>Size</th>
<th>Fits</th>
</tr>
</thead>
<tbody>
<tr>
<td>AST 01</td>
<td>Large</td>
<td>Large &amp; Medium</td>
</tr>
<tr>
<td>AST 02</td>
<td>Small</td>
<td>Small &amp; Junior</td>
</tr>
<tr>
<td>AST 03</td>
<td>Child</td>
<td>Child &amp; Infant</td>
</tr>
</tbody>
</table>

An add-on anterior tube (and chin pad) to give solid resistance against flexion.

More Fine Products from Symmetric Designs

Knee & Elbow Orthoses
TOT Collar
Wheelchair Headrests

www.symmetric-designs.com
**Choosing the Correct Size**

- Dimension 'a' is the shortest distance under the jaw from the centre of the chin to the angle of the mandible.
- Select the closest size Collar from the table below (choose the smaller Collar if in doubt).

<table>
<thead>
<tr>
<th>Collar Size</th>
<th>'a'</th>
<th>Size &amp; Colours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>in.</td>
<td>cm.</td>
</tr>
<tr>
<td>Large</td>
<td>5</td>
<td>13</td>
</tr>
<tr>
<td>Med</td>
<td>4.5</td>
<td>11.5</td>
</tr>
<tr>
<td>Small</td>
<td>4</td>
<td>10</td>
</tr>
<tr>
<td>Junior</td>
<td>3.5</td>
<td>9</td>
</tr>
<tr>
<td>Child</td>
<td>3</td>
<td>7.5</td>
</tr>
<tr>
<td>Infant</td>
<td>2.5</td>
<td>6.5</td>
</tr>
</tbody>
</table>

**Shaping of the Collar**

- Bend the Collar to the desired height & width by hand.
- It will stay in the shape you set it.
- Bend the Collar to clear the clavicles (collar bones) if necessary.
- A chin pad can be added to the chest portion of the Collar for extra padding if needed.
- Use accessories for extra flexion and extension support (See overleaf).

**Final Checks**

- Check that the Collar fits snugly under the chin.
- The neckstrap should be around the back of the neck only.
- For extra support use the Neck Pad or the Extension Pads to resist extension of the neck.
- Use the Anterior Support to rigidify the Collar, if needed (shown overleaf).

**Using the Headmaster Collar™**

- It is recommended that a Qualified Professional should fit this Collar!
- Ensure the correct size has been selected!
- Do not attach this Collar to any other equipment or support!
- Wash Collar with damp sponge and warm, soapy water. Rinse thoroughly with damp sponge. Air dry.

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**Symmetric Designs accepts no liability resulting from the misapplication of this product.**

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Pediatric Headmaster Collars are softer and may be fitted to children as young as 6 months.

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